



## **Attention all City of Savannah Employees**

St. Joseph's/Candler will be offering Flu Clinics in the Multipurpose room in the SPD Professional Development Center located at 3401 Edwin Street, Savannah GA 31405:

Monday, October 25th 8:00-11:00am

Monday, November 15th 1:00-4:00pm

Influenza ("flu") is a contagious disease that spreads around the United States every year, usually between October and May. Flu is caused by influenza viruses, and is spread mainly by coughing, sneezing, and close contact. Each year thousands of people in the United States die from flu, and many more are hospitalized. Flu strikes suddenly and can last several days.

## Symptoms vary by age, but can include:

- fever/chills
- sore throat
- muscle aches
- fatigue

- cough
- headache
- runny or stuffy nose

## The Flu vaccine can:

- keep you from getting flu,
- make flu less severe if you do get it, and
- keep you from spreading flu to your family and other people.

Protect yourself and your family, stop by and get your flu vaccine!

All City employees/dependents on the City Health plan can also get a flu vaccination at any pharmacy providing vaccinations by showing their medical card.

\*\*\*Please note flu vaccinations are not covered via the Minute Clinic they are only covered if given at the pharmacy with your City of Savannah Health Insurance card.

\*\*\*Flu vaccinations are offered for all active City of Savannah employees at the clinic \*\*\* Flu vaccinations are available at the clinic for dependents on the City of Savannah Health Plan